

The Grog Book

revised edition (2005)



Type: Book

Description:

This book was developed for Aboriginal and Torres Strait Islander people who want to tackle the effects that grog has on their communities. The book has eight chapters on: history; alcohol; action; prevention; controls; strategies; care and handouts. For each chapter there is:

- a list of contents
- a key word (chapter title) tab
- a colour coded tab
- colourful pictures that relate to the topic
- colour coded arrows which allow the user to find other topics within the book which deal with the same issue
- a list of resources that might be helpful to learn more about an issue

When to use this resource:

This book provides Indigenous people with ideas and strategies for managing alcohol. It tries to provide as many choices as possible for people to use. The advantages and disadvantages for each course of action are also provided. The book is based on what Indigenous people themselves have been doing in communities.

In the last chapter there are handouts that can be photocopied or put into overheads; these can be used for providing information to a community. Page 246 of the book has a list of key resources that will be useful in finding out more, or keeping up to date with new information.

Producer:

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